

OA REGION 3 SPRING ASSEMBLY  
Houston, Texas  
March 18-19, 2011

Intergroup Representative: Kaye W.

A Region 3 workshop and informal Intergroup sharing session was held on Friday night. This is my favorite part of the assembly. Some of the things I heard from other Intergroups:

- OFFICE ANSWERING MACHINE  
Google Voice is free and one intergroup uses it in place of their telephone answering service and saved \$50 month.
- INCREASING 7<sup>TH</sup> TRADITION DONATIONS  
The 7<sup>th</sup> traditional pamphlets are free.  
“What it Takes” skits are available for download on oa.org and help explain how our 7<sup>th</sup> tradition donations are used.
- PIPO  
There are opportunities for public information in middle school health classes talking about eating disorders. The Colorado Springs intergroup has been working with freshman health classes. Are there recovery guidelines for those who volunteer at health fairs? The PIPO manual has some suggestions. Are we getting referrals from treatment centers?
- SPANISH MEETINGS  
Most Intergroups have not had success in organizing Spanish meetings.  
OA HAS AN OA SPANISH WEBSITE! its <http://espanol.oa.org>  
One intergroup offers seed money for new Spanish speaking groups to buy literature  
Teresa has online Spanish meetings. Do we have a Spanish speaking radio station?

The Assembly opened at 8 am the next morning.

Interesting things I learned:

In November & December, there was a 50% increase in oa.org website hits due to the Times Square PSA.  
There is \$350 funding for retreat speakers available from Region and can be applied for every two years.  
The 2012 Spring Assembly will be in Las Vegas.  
Region 3 Income Breakdown (see attached report)