**WORKING ALL TWELVE STEPS!**

Are you ready? Do you want support?

Sponsored By-Virtual Region Twelve Step Within Committee

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**Overeaters Anonymous. Twelve Step Workshop and Study Guide**

February 16, 2021 - June 8, 2021

 Tuesdays, 2:30 pm EST/EDT or 7:30 pm GMT

Limit 40 participants

Registration will be on the O A Virtual Region Website.

You must register to attend.

We have another group starting on March 6th on Saturdays at 3:00 pm EST/EDT or 8:00 pm GMT. Limit 60 participants.



The following OA-approved literature will be used in the workshop sessions and homework assignments: (purchasing the Study Guide is not necessary unless you are a co leader)

• Purchase the Participant’s Step Study Student Guidebook-https://oa.org/news/now-available- twelve-step-workshop-and-study-guide-second edition-plus-participant-guide/

* The Twelve Steps & Twelve Traditions of Overeaters Anonymous 1st or 2nd edition

• Alcoholics Anonymous, Fourth Edition (the Big Book)

• Twelve Steps and Twelve Traditions by Alcoholics Anonymous

• Overeaters Anonymous, Third Edition

• Voices of Recovery

• For Today

Participants need their own copies of the literature above (digital copies are fine)

REGISTRATION WILL BE ON A FIRST COME FIRST SERVE BASIS ON THE WEBSITE-https://oavirtualregion.org/tswworkshop/

Copy and paste the link above to register for the workshops.